

Best Practices

2018-2019

"Practice is the best of all instructors"

Title of the practice: Promotion of awareness on issues related to the welfare and empowerment of women

Goals:

• To generate awareness among the students on the various kinds of discrimination and violence faced by women in society, family and at workplace. • To recognize the strength of women and their contribution to economy, politics, society. • To make students, staff and the local inhabitants aware of the health problems encountered by women. The Practice: The Departments and the various committees of the College, through numerous round-the-year activities, promote awareness and draw attention towards women's issues. Details are as follows: • IQAC collaborated with the School of Women Studies, J.U. to organise a seminar entitled, "Women and Nation: Revisiting the Indian Culture, Politics and Identity" where the role of women in nation-building was explored. The seminar ended with a dance drama, an adaptation of "Chandalika" on 11.8.16 • The Department of Political Science screened the Oscar winning film, "A Girl in the River" on 09.08.2016 followed by an analysis of the film by the teachers and students • The Extension and Outreach Committee conducted a survey on the "Mother and Child Care" in the Fatullapur area to raise awareness about healthy motherhood on 12.8.16. • The Youth Red Cross Unit of the college arranged for a free health check up of the BPL girl students by general physicians on 19.8.16

Title of the practice: Conservation of the Environment and setting up of Medicinal Plant Garden

Goals:

Our environment is valuable and it is time to be conscious about its status. It is the motto of our College to be a part of the environmental conservation through small initiatives that will contribute to the making of a green universe. Our objectives are as follows: • Organizing seminars/conferences/special lectures to create awareness and make us more responsible towards environment • Conservation of wild, ornamental, rare and endangered species • Tree plantation projects to make our campus green • Establishment of medicinal plant garden which is beneficial for generating responsiveness among students • Popularising the values of medicinal plants among the students. The Practice: The Departments have come together and have taken a

pledge to work towards the common good of conserving the ecology. Since the Golden Jubilee, all the disparate activities that were organized by the Departments for so long to protect the environment, have been given a fresh and new focus and were channelized to generate maximum awareness among the students. Some of the activities introduced are as follows: • Birds and butterflies are highly diversified animals in our locality. Yearly documentation is very essential to know the diversity and density of animals in the locality as well as to know the conservational level of certain species.

Students of the Department of Zoology document the fauna, such as birds and butterflies, throughout the year. During this process the students note down their habitat, behaviour, and other parameters with the help of the teachers. At the end of each year they submit their project report to the Department. • Use minimum papers for preparing practical notebooks. • Minimize and eventually eliminate the use of plastic bags in and around the Geography Department by all the concerned students as well as the faculty. • Economic use of water during the field survey is instructed (like use less water while bathing in the hilly areas of Sikkim and Doars, where potable water is inadequate) • Further, the students are encouraged to practice modes of stabilisation of water cycle maintenance and replenishment of soil fertility, pollination and cross fertilization of crops etc. Most of the students hailing from either the suburbs or completely rural background understand the environmental forces readily and are in fact enthusiastic in working to conserve their environment scientifically. • Tree plantation drives are regularly undertaken by the NSS Unit to maintain the green health of our campus. In this endeavour the Unit is assisted by the Green Campus Committee, Students' Union and the Alumni